



RACE DENOMINATION: SARCIDANO RACE 2024
 CATEGORIES ADMITTED: Youth, Under 16, Junior, Senior
 PLACE: ISILI (Cagliari)
 DATE: 26 - 29 september 2024
 ORGANIZER COMMITTEE: A.S.D. Polisportiva ISILI –
 Chief Head of the CO: Mario Casu (tel. +39 334.6052966), Paolo Pani (tel. +39 342.6617322)
 VENUE: Lake Of Barroccus –

Classes:

Men	200 mt	500 mt
Senior	K1, C1, K2, C2	K1, C1, K2, C2
Junior	K1, C1, K2, C2	K1, C1, K2, C2
Under 16	K1, C1, K2, C2	K1, C1, K2, C2
Youth	K1, C1,	K1, C1,

MIX	200 mt
Senior	K2, C2
Junior	K2, C2
Under 16	K2, C2

Women	200 mt	500 mt
Senior	K1, C1, K2, C2	K1, C1, K2, C2
Junior	K1, C1, K2, C2	K1, C1, K2, C2
Under 16	K1, C1, K2, C2	K1, C1, K2, C2
Youth	K1, C1	K1, C1

COMPETITION RULES: ICF Rules Canoe Sprint
 COMPETITION OFFICIALS: Nominated by F.I.C.K.
 TIMEKEEPING: Entrusted to the Federazione Italiana Cronometristi.
 (The Italian federation of timekeepers)

ENTRIES FOR ITALIAN

CLUBS (ONLY): Italian Clubs will enter their teams online not later than hrs. 22.00 of 19 th September 2024 using this link <http://iscrizionifick.ficr.it/>.

ENTRIES FOREIGN CLUBS: Other teams with a special form to be sent to paolo.pani66@gmail.com.

PARTICIPATING FEE: €. 15,00 all inclusive
 The participation fee allows the individual athlete to participate in all the races foreseen by the regulations.

ACCREDITATION: 27/09/24 from 16:30 to 18:30 at the venue.

Prizes: Medals for the first, second and third of each final.

Information and logistics: Sig. Paolo Pani (paolo.pani66@gmail.com) +39.3426617322 (WhatsApp)

provisional schedule:

SATURDAY

28 th

TIME	ACTIVITY	
09:00	Heats	500/200 mt
11:00	Semifinals	500/200 mt

SATURDAY 28 th

TIME	ACTIVITY	Mt 500	RACE N°
15:00	C1 M Junior	FA	1
15:05	K1 M U16	FA	2
15:10	K2 M Senior	FA	3
15:15	K1 F Senior	FA	4
15:20	C1 M Senior	FA	5
15:25	C1 M U16 & Youth	FA	6
15:30	K2 F Junior	FA	7
15:35	K1 M Youth	FA	8
Prize Ceremony			
15:50	C1 F Junior	FA	9
15:55	K2 F U16	FA	10
16:00	K2 F Senior	FA	11
16:05	K1 M Junior	FA	12
16:10	C2 M Junior	FA	13
16:15	C1 F U16 & Youth	FA	14
16:20	C1 F Senior	FA	15
16:25	K1 F Youth	FA	16
Prize Ceremony			
16:45	C2 M Senior	FA	17
16:50	K1 M Senior	FA	18
16:55	K2 M U16	FA	19
17:00	C2 F Junior	FA	20
17:05	K1 F U16	FA	21
17:10	K1 F Junior	FA	22
17:15	C2 M U16	FA	23
Prize Ceremony			

SUNDAY 29 th

TIME	ACTIVITY	Mt 200	RACE N°
09:30	C1 M Junior	FA	24
09:35	K1 M U16	FA	25
09:40	K2 M Senior	FA	26
09:45	K1 F Senior	FA	27
09:50	C1 M Senior	FA	28
09:55	C1 M U16 & Youth	FA	29
10:00	K2 F Junior	FA	30
10:05	K1 M Youth	FA	31
Prize Ceremony			
10:25	C1 F Junior	FA	32
10:30	K2 F U16	FA	33
10:35	K2 F Senior	FA	34
10:40	K1 M Junior	FA	35
10:45	C2 M Junior	FA	36
10:50	C1 F U16 & Youth	FA	37
10:55	C1 Senior F	FA	38
11:00	K1 F Youth	FA	39
Prize Ceremony			
11:20	C2 M Senior	FA	40
11:25	K1 M Senior	FA	41
11:30	K2 M U16	FA	42
11:35	C2 F Junior	FA	43
11:40	K1 F U16	FA	44
11:45	K1 F Junior	FA	45
11:50	C2 M U16	FA	46
Prize Ceremony			
12:15	C2 MIX U16	FA	47
12:20	K2 MIX U16	FA	48
12:25	C2 MIX Junior	FA	49
12:30	K2 MIX Junior	FA	50
12:35	K2 MIX Senior	FA	51
12:40	C2 MIX Senior	FA	52
Prize Ceremony			

NOTES

The final timetable of the races and the starting modalities will be announced at the end of the registration confirmation with the delivery of the race program.

The races will be governed by the regulations of ICF Rules Canoe Sprint