

# SPRING SUP RACE 2026

## ICF SUP WORLD RANKING RACE

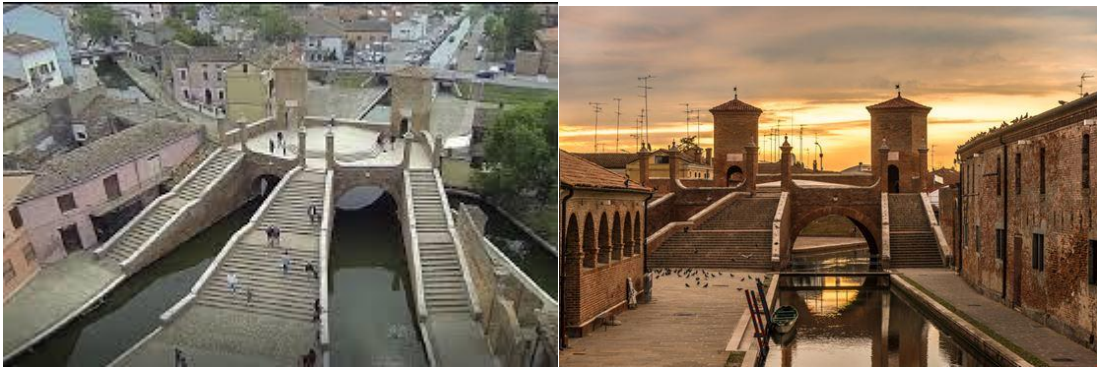
### KEY POINTS

Organizer	Delta SUP asd Ferrara/ Comacchio e-mail: <a href="mailto:springsuprace@gmail.com">springsuprace@gmail.com</a> / <a href="mailto:deltastanduppaddle@gmail.com">deltastanduppaddle@gmail.com</a> Internet: <a href="http://www.springsuprace.com">www.springsuprace.com</a> Phone:+393472255720
Location	(Friday only) Ponte dei Trepponti Comacchio Via Trepponti, 44022 Comacchio FE  (from Saturday to Sunday) Spiaggia Romea Club & Village – via Oasi 2 – Comacchio 44122 (Ferrara)
Data	27,28,29 March 2026
Head of the Organizing Committee:	Simone Tugnoli Peron
Safety Manager:	Raffaele Gennari
Race Director:	
Secretarial contact person	Elena Romagnoli
Timekeeping	Keepsporting
Rules	ICF Competition Rules 2025 FICK Italian SUP Rules
Route: SUP	10 km (Long distance SUP), 5 km (long distance UNDER 12 - UNDER 14) 800m (technical race), 4 km Inflatable race, 5 km Fun race (Not competitive), 400m crono sup, 4km megasup/dragonsup, 100m FOIL sprint
Prize money	1500€ for technical race (prize money Split 50/50 between men and women) 1500€ for long distance (prize money split 50/50 between men and women) 500€ for CRONO SUP race (250€ First man and 250€ First Woman) THE PRIZE MONEY WILL BE INCREASED AS PER PARAGRAPH 8.1 BASED ON THE NUMBER OF PARTICIPANTS

## 1. LOCATION

### 27 March 2026: CRONO SUP RACE:

The first race on the program will be a time trial on a 400-meter course, with a 180° left turn. The test will take place in the heart of Comacchio, immersed in a unique architectural and historical setting, enhanced by the evocative canals of the center.



Ponte Trepponti (1638)

It was built around 1638 on a design by the **architect Luca Danese of Ravenna** at the behest of the **cardinal legate Giovan Battista Pallotta** (1631-1634). The Trepponti was the *fortified gate* of the city for those coming from the sea along the navigable canal. The initial design, with five large arched staircases, culminating in a rise entirely in Istrian stone, has been adapted over the centuries for practical and aesthetic needs, which have involved the addition, for example, of the two watchtowers and the six graceful pillars at the top of the staircases. The vault of Trepponti acts as a crossroads for four canals that branch off from here to the city, surrounding it and crossing it, called Sant'Agostino, Borgo, San Pietro and Salara.

### How to get there:

The center of Comacchio and its canals are within a pedestrian and limited traffic area so it is advisable to park at the public parking lots:

1. Parking Largo card. Pallotta
2. Parking Via Fattibello

ATTENTION: it will not be necessary to bring the sup, the race will be ONE DESIGN and the equipment will be provided by the organization. (bring only your paddle)

## FROM 28 to 29 March – ICF Sup World Ranking

The location is the "Lake of Nations", a private lake without secondary navigation, with an access to the sea located 200m away.

Due to its conformation, the lake is the best place to be the stage for the show. Here spectators, photographers, cameramen and sponsors can sit comfortably by the lake or on the pier to watch the races.

An area dedicated to the Sport Village will also be set up.

The Spiaggia Romea village offers athletes, their families and their friends different types of accommodation at special prices.

For info and reservations: [booking@spiaggiaromea.it](mailto:booking@spiaggiaromea.it)

**ADDRESS: Spiaggia Romea Club & Village –  
via Oasi 2 – Comacchio 44122 (Ferrara)**

PRICES in agreement:

Description	Price per person per night
Double HB (trattamento mezza pensione)	70€
Triple HB (trattamento mezza pensione)	65€
Quadruple HB (trattamento mezza pensione)	55€
Double single use HB (trattamento mezza pensione)	95€
Children up to 5 years	Free
Late check out	55€ for room
Pets	10€
Motorhome/camper overnight stop with service	25€ /night for vehicle
Extra meal	25€ adults, 15€ children

**N.B: ALL MEALS INCLUDING THE FINAL LUNCH ON THE LAST DAY OF THE RACE MUST BE BOOKED AT THE ACCOMMODATION THROUGH THIS EMAIL:**  
[booking@spiaggiaromea.it](mailto:booking@spiaggiaromea.it)

## **How to Get There:**

### By plane

The nearest airports are G.Marconi in Bologna (about 110 km.) - M.Polo in Venice (about 100km.)

### By car

from the North-East: along the S.S.309 (Romea) from Venice towards Ravenna, up to the height of the Pomposa Pass (about 90 km.), detour to the left for Lido di Volano, after about 10 km. on the panoramic road Acciaioli.

from the South-East: along the S.S.309 (Romea) from Ravenna towards Venice, up to the Lido delle Nazioni detour (about 30 km.), panoramic road Acciaioli towards Lido di Volano, after about 8 km. from all other directions: A13 Bologna-Padova motorway, Ferrara Sud exit, Ferrara-Portogaribaldi motorway junction to the end, on the S.S.309 Romea, northbound towards Venice until the detour for Lido delle Nazioni, panoramic Acciaioli road towards Lido di Volano, after about 8 km you arrive at the Village

### Car rental:

At Bologna airport there are several car rental services. At this address you will find all the useful information for the service:

<https://www.bologna-airport.it/da-e-per-l-aeroporto/auto-e-trasporti-privati/noleggio-auto/?idC=62441>

## **1. Participants/categories**

The races are open to athletes aged 6 and over.

The Spring Sup Race will be an ICF SUP WORLD RANKING event.

The races that will produce points for this ICF ranking are:

- Long distance (category: OPEN, Junior, Master)
- Technical race (category: OPEN, Junior, Master)

**The RACE:**

Distance	Race	category
10 km:	Long distance	Junior, (ICF RANKING) OPEN (ICF RANKING), 40+(ICF RANKING), 50+(ICF RANKING), 60+
5 km	Long distance	UNDER 12, UNDER 14
4 km:	Inflatable race	PRO (any age) Under 10, Under 14, Under 18, Young Master(from 20 to 30), Master (40+) Grand Master (50+)
800m:	Technical Race	UNDER 12 UNDER 14 Junior, (ICF RANKING) OPEN (ICF RANKING), 40+(ICF RANKING), 50+(ICF RANKING), 60+
100m	FOIL SPRINT	OPEN MEN, OPEN WOMEN
5 km	FUN Race	No category
400m	CRONO sup race	Man woman
4km	Megasup/Dragonsup	team

**Le Categories:**

Category	Gender	Age	Boards
Under 12	m/w	<12	up to max. 14'0" allowed
Under 14	m/w	12-14	up to max. 14'0" allowed
Junior	m/w	15-18	up to max. 14'0" allowed
Open	m/w	19-39	up to max. 14'0" allowed
40+	m/w	40-49	up to max. 14'0" allowed
50+	m/w	50+	up to max. 14'0" allowed
60+	m/w	60+	up to max. 14'0" allowed
Paracanoe	m/w	6- 50+	up to max. 14'0" allowed
FUN	m/w	6- 50+	up to max. 14'0" allowed

## 1. Registration

We recommend that participants register online in advance. Online registrations are open until March 22, 2026 at 23:00.

It is possible to register on site with a supplement of € 100. Late entries will be subject to confirmation by the organizing committee.

There are 3 registration periods: Super Early (until December 31st, 2025), Early (until January 31st, 2026), Regular (until March 8th, 2026), Late (until March 22nd) each period will correspond to a price increase.

Those who participate in the CRONO SUP will have an extra souvenir t-shirt in the race pack.

Only the first 100 registered will have an event jersey included!

Registration must be done through the link on the page:

[SPRING SUP RACE 2026 - ICF RANKING RACE | Keepsporting](#)

### 1.1 Athletes

The competition follows the ICF SUP 2025 ([2025 icf sup competition rules final.pdf](#)) international regulations, each athlete who wants to register must be a member of a club or association affiliated with their national federation affiliated with ICF.

All Italians must be registered with an association affiliated to FICK.

All data will be transmitted to the International Federation for possible control.

## 2. Communication:

Official communications will be given through the whatsapp group in the days leading up to the event. During the days of the competition through the whatsapp group and thanks to the speaker.

To join the whatsapp group:

<https://chat.whatsapp.com/LWogHjTw4TG3htPgws6ixG>

**3. Program:**

March 26, 2026 (Lake of Nations)

14.00-18.00 : Technical path open for free training

TBD: Clinic with international athletes

17:00-19:00 Opening of the registration office

27 March 2026 (Comacchio)

9:30 – 12:00 Free practice of the Comacchio course with the boards of the organization

11:00-12:00: Opening of the registration office

12:30 pm: Meeting

13:00-17:00: Crono Sup Race

19:00: Award ceremony at the Hotel Spiaggia Romea (Lago delle Nazioni)

19:30: Opening Ceremony

March 28, 2026 (Lake of Nations)

8:00 - 12:00 Registration office opening

9:00 a.m.: Technical Race Qualifying (all categories)

14:00 Technical Race Quarter Finals (All categories)

16:00 Technical Race Semi Finals (all categories)

16:45 Technical Race Finals (all categories)

17:30 INFLATABLE RACE (4km) & MEGASUP and DRAGONSUP RACE

19:00 Award ceremony

March 29, 2026 (Lake of Nations)

7:50 Meeting

8:00 - 9:30 Registration office opening

8:15 Start SUP Race (Open man & Master woman)

9:45 Start SUP Race (Open woman & Master man)

11:15 Start SUP Race (Junior)

11:30 Start SUP Race (Under 12 & Under 14) (5km)

11:30 Start FUN Race (5km)

14:30 Award ceremony

**4. Entry fee**

Category	<b>SUPER EARLY Until 31/12/25</b>	<b>EARLY Until 31/01/26</b>	<b>REGULAR Until 8/03/26</b>	<b>LATE until 22/3/26</b>
<b>TECHNICAL RACE</b>				
OPEN	40€	50€	60€	100€
junior	40€	50€	60€	100€
Master (40+, 50+ 60+)	40€	50€	60€	100€
under 12	FREE	10€	20€	60€
under 14	FREE	10€	20€	60€
ParaSUP	15€	25€	35€	75€
<b>INFLATABLE RACE</b>				
PRO (Any age)	20€	30€	30€	35€
Under 10	FREE	5€	5€	10€
Under 14	FREE	5€	5€	10€
Under 18	20€	30€	30€	35€
Young Master (20-30)	20€	30€	30€	35€
Master 40+	20€	30€	30€	35€
Master 50+ 60+ 70+ 80+	20€	30€	30€	35€
MEGASUP – DRAGON SUP (prize for 4 people)	40€	40€	40€	60€
<b>LONG DISTANCE RACE</b>				
OPEN	40€	50€	60€	100€
junior	40€	50€	60€	100€
Master (40+, 50+ 60+)	40€	50€	60€	100€
under 12	FREE	10€	20€	60€
under 14	FREE	10€	20€	60€
ParaSUP	15€	25€	35€	75€
<b>CRONO SUP RACE</b>				
All category	25€	30€	30€	30€
<b>FOIL SPRINT RACE</b>				
All category	20€	20€	20€	20€
<b>FUN RACE</b>				
For all	20€	25€	25€	25€
<b>ALTRI SERVIZI</b>				
MEAL (for team or family)	Prenotare alla mail booking@spiaggiaromea.it			

**4.1 Equipment rental**

If you need a board for rent, you can contact the official ICF rental provider:

<https://sports-camps.net/en/>

#### **4.2 Non-participation due to illness**

The athlete unable to participate in the competitions due to illness will be entitled to free registration for the Spring Sup Race 2027 (in the same competitions in which he was registered). To take advantage of this possibility, the athlete must necessarily present a medical certificate justifying the absence.

#### **6.3 Canceling a competition**

If a race has to be cancelled for an important reason (withdrawal of a permit by the municipality, cancellation of the race due to force majeure, etc.), there is no refund of the registration fees. The competition will be resubmitted on a date to be defined.

#### **5. Accreditation:**

The accreditation desk will be open at the following times:

Thursday: 17:00-19:00

Venerdì: 11:00 - 12:00 (only for Crono sup race in Comacchio city)

Saturday: 8.00 - 12.00

Sunday: 8:00 - 9:30

At the accreditation office it will be possible to collect the race pack and the bib.

#### **6. PRIZE & RANKING**

Ranking scores will follow the ICF rules (2025) for technical and long-distance competitions.

The scores will follow the FICK rules relating to federal scores in Italy.

The scores will also be included in the World SUP Ranking.

**6.1 PRIZE MONEY:**

- 1500€ Technical race (**prize money split 50/50 between men and women**)  
 1500€ Long Distance (**prize money split 50/50 between men and women**)  
 500€ Crono SUP Race (**250€ First man and 250€ First Woman**)

The **prize money will be proportionally increased** based on the total number of participants in the competitions as follows:

TECHNICAL RACE		LONG DISTANCE	
MONEY PRIZE	TOTAL ATHLETES	MONEY PRIZE	TOTAL ATHLETES
1500€	<200	1500€	<200
2000€	Da 201 a 250	2000€	Da 201 a 250
2500€	Da 251 a 300	2500€	Da 251 a 300
3000€	Da 301 a 350	3000€	Da 301 a 350
3500€	Da 351 a 400	3500€	Da 351 a 400
4000€	Da 400 a 450	4000€	Da 400 a 450
4500€	Da 451 a 500	4500€	Da 451 a 500
5000€	>500	5000€	>500

Additional prizes in materials may be up for grabs at the discretion of the sponsor and organization.

Cash prizes will be paid within 7 days of the end of the competition by bank transfer or PayPal.

**6.2 CRONO SUP Race**

400m individual time trial. The race is reserved for the first 40 registered athletes!

THE ROUTE WILL BE ILLUSTRATED ON THE WEBSITE, ON SOCIAL NETWORKS AND PDF ON THE WHATSAPP GROUP IN THE WEEK BEFORE THE COMPETITION

The SUPs will be made available by the organization free of charge and will all be 14'.

**Podiums:**

- 1.-3. Open man (prize 250€ only for the first, material prize for other)  
 1.-3. Open woman (prize 250€ only for the first, material prize for other)

### **6.3 SUP Technical Race (400-800m)**

THE ROUTE WILL BE ILLUSTRATED ON THE WEBSITE, ON SOCIAL NETWORKS AND PDF ON THE WHATSAPP GROUP IN THE WEEK BEFORE THE COMPETITION

**(1 lap of 400m in the qualifying heats. 2 laps with passage on the beach semifinals and finals tot 800m)**

**(Under 12, under 14 - 1 lap di 400m even the finals)**

#### **Podi:**

- 1.-3. Open (prize split 50/50 between men and women)
- 1.-3. 40+ m/w
- 1.-3. 50+ m/w
- 1.-3. 60+ m/w
- 1.-3. Junior m/w
- 1.-3. Under 12 m/w
- 1.-3. Under 14 m/w
- 1.-3. Parasup m/w

### **6.4 SUP Long Distance**

THE ROUTE WILL BE ILLUSTRATED ON THE WEBSITE, ON SOCIAL NETWORKS AND PDF ON THE WHATSAPP GROUP IN THE WEEK BEFORE THE COMPETITION

**(1 giro di 5km per Under 12, Under 14, FUN Race; 2 giri 10km totali per Open, 40+, 50+, junior,) PFD MANDATORY FOR ALL**

#### **Podi:**

- 1.-3. Open (prize split 50/50 between men and women)
- 1.-3. 40+ m/w
- 1.-3. 50+ m/w
- 1.-3. 60+ m/w
- 1.-3. Junior m/w
- 1.-3. Under 12 m/w
- 1.-3. Under 14 m/w
- 1.-3. Parasup m/w

## **6.5 SUP Inflatable & Team Megasup/Dragonsup (1 giro per Inflatable race, 4km) PFD mandatory for all category**

Podi:

- 1.-3. PRO m/w (Material Prizes)
- 1.-3. UNDER 10 m/w
- 1.-3. UNDER 14 m/w
- 1.-3. UNDER 18 m/w
- 1.-3. JOUNG MASTER m/w
- 1.-3. 40+ m/w
- 1.-3. 50+ m/w
- 1.-3. 60+ m/w
- 1.-3. MEGASUP/Dragonsup TEAM

## **6.6 FUN RACE**

Non-competitive event over a distance of 5km.

## **6.7 SUP FOIL SPRINT**

100m sprint.

Start in line, arrival between two buoys.

## **7. Race**

### **7.1 Numbers**

It is mandatory to wear the start number clearly visible. If you are wearing a hydration pack, life jacket, etc., the start number must be worn over all equipment.

### **7.2 timekeeper**

Timing will be followed by specialized personnel and for the long distance it may include the use of a personal chip. In case of loss or damage, the competitor will be asked to refund the chip (€ 50).

### **7.3 Boat**

Only the boards/boats provided for the category can be used. Exceeding the maximum board length or minimum weight of 10 kg will result in disqualification.

No external aid may be used. This includes engines, wind devices (e.g., sails), and the help of second people (except the team). Two hulls (e.g. catamarans) are not allowed.

#### **7.4 Start Signal**

A minute before the start a double trumpet will sound.

In the last sixty seconds the starting signal can be given at any time (single sound).

A repeated false start will result in disqualification.

#### **7.5 Drift**

Slipstreaming is allowed only within the category. Women and men are treated as a separate category.

#### **7.6 Collision**

Contact should be avoided as far as possible. Intentional obstruction such as pushing or blocking will be penalized and may result in disqualification.

#### **7.7 Stand-UP**

Stand-up means paddling while standing. After a fall, you can make a maximum of five paddle strokes while sitting or kneeling. Prolonged paddling in a sitting or kneeling position may result in disqualification.

#### **7.8 Leash/Vest/Safety Material**

Leash and life jacket (restube or PFD allowed) must only be worn over long distances and in the inflatable race.

#### **7.9 Emergencies**

If a participant needs help, the following order of help should be followed:

- Members of your own team
- Other participants
- Organizer Rescue Speedboats

All accidents and special incidents must be reported to checkpoints, safety boats or race management as soon as possible. They will coordinate a possible rescue operation together with the available rescue forces. Participants must follow the instructions of the organizer and the rescue services.

#### **7.10 Finish**

The finish line is on the ground for all categories under the inflatable arch. The time will be measured by the timing officers.

#### **7.11 Disqualification**

Disqualified participants will be notified by the judge. Disqualifications or relegations will in any case be communicated before the announcement of the ranking.

### **7.12 Judges**

The judges will be appointed by the Italian Canoe Kayak Federation. A representative of the ICF will be present.

### **7.13 Protests**

Complaints can be initiated up to a maximum of 30 minutes before the announcement of the ranking, by paying € 75 at the accreditation office. If the claim is successful, the amount of €75 will be refunded.

## **8. Doping**

Doping is contrary to the fundamental principles of sport and medical ethics and is therefore prohibited. Doping is the use of aids in the form of substances or methods that are potentially harmful to health and/or capable of improving physical performance. However, doping is also the presence of a prohibited substance in an athlete's body or the confirmation of its use. Anyone who can be proven to be doped will be disqualified.

## **9. Media rights**

The media and copyrights (images, video recordings) of the event are held by the organizer.

## **10. Condition of participation**

### **10.1 Liability**

The organizer declines all responsibility. All participants participate in the races under their own responsibility and must be privately insured against accidents. All participants by registering declare that they are in good standing with FICK membership or with a federation registered with the ICF. The organizer, the event organizers and the sponsors disclaim any responsibility for the participants. By registering, participants accept the announcement and the exclusion of liability of the organizer for damages of any kind. The participant may not make any claims against the organizer or the event sponsors and their representatives for damages and injuries of any kind that may occur to him/her as a result of his/her participation.

### **10.2 Security and privacy**

Each person declares with registration,

- to have the necessary physical and psychological conditions to participate in this competition,
- that comply with safety regulations,
- who will help other participants in need,
- that the information provided at the time of registration is correct,

- the agreement that the organizer may use the data for the purposes of the event; in particular the transition to ICF and FICK (SUP general classification),
- the agreement to assign to the organizer without compensation its right to the image, in particular in the form of photos, films or any other means of communication.
- that you have read and understood the rules.