



**International Race April 10<sup>th</sup>, 2010 - "Europe Spring 5000 m. Sprint"**  
**5000 m. Master K1 - K2 - K4 - men - K1 - K2 women + C1 - C2 men + C1 women**  
**5000 m. Dragon Boat and Polynesian canoe-outrigger promotional competitions.**

LOCATION: **IDROSCALO – SEGRATE - MILAN April 10<sup>th</sup>, 2010**  
Local ORGANIZING COMMITTEE: IDROSCALO CLUB – Idroscalo Club sport area  
Address: Circonvallazione Idroscalo 29 – 20090 Segrate - Milano tel. 02/7560379  
fax 02/7560364  
e-mail: [info@idroscaloclub.org](mailto:info@idroscaloclub.org)

Chairman of ORGANIZING COMMITTEE: Mr. Egidio CAMERA  
Executive DIRECTOR: Mr. Marco VADORI (Ph. +39.349 8160453)  
RACE Organizing Committee: **Italian Canoe Kayak Federation**

**Competition Rules:**

The race will be organized in accordance with the ICF Canoe Sprint International Technical Regulations

**OFFICIALS:** To be appointed by the Italian Canoe Kayak Federation

**TIME KEEPERS:** To be appointed by the Italian Timekeepers Federation

**REGISTRATION –**

To be made online **not later than Thursday, April 8<sup>th</sup> at 07:00 p.m.** as follows:

for Italians Teams [www.iscrizionicanoa.com](http://www.iscrizionicanoa.com)

for foreign Teams via email at [info@idroscaloclub.org](mailto:info@idroscaloclub.org) or via fax at +39027560364 to the Organizing Committee. The registration fee is €15,00 per paddler/per race (reserves excluded) to be paid directly at the accreditation.

**WITHDRAWALS –**

Must be communicated to the Organizing Committee **not later than Friday, April 9<sup>th</sup> at 12:00 am** online to [www.iscrizionicanoa.com](http://www.iscrizionicanoa.com) for Italian teams and via email to [info@idroscaloclub.org](mailto:info@idroscaloclub.org) or via fax +39027560364 for the foreign Teams. Late withdrawals will be charged € 30,00 fine per crew to a maximum of € 180,00 per Team. The final amount to be paid by the Team Leader to the Organizing Committee before the beginning of competition. Teams which will not show up at the regatta course will have to pay to the Organizing Committee the registration fee plus a € 30,00 fine per crew to a maximum of € 200,00 per Team **within 7 days after the end of the event**, or the admission to next competitions will be invalid, unless further disciplinary penalties.

**TEAMS ACCREDITATION – Saturday, April 10<sup>th</sup> from 10:00 am to 12:00 am** at the Tower.  
Teams

representatives will have to pay the registration fee of €15,00 per paddler/per race.

**BOAT CONTROL:** Time and full details on boat control will be agreed at the Team Leaders meeting.

**Award ceremony at the end of each race.**



## Europe Spring 5000 m. Sprint - RACES:

### Men

MASTER A B C D F G H

K1,K2,K4,C1,C2

### Women

MASTER A B C D F G H

K1,K2,C1

### Special races

OC6 Men

OC4 Men and Women

OC1 Men

Dragon Boat

### Master Categories

A = 35-39 age

B = 40-44 age

C = 45-49 age

D = 50-54

E = 55-59

F = 60-64

G = 65-69

H = 70 aged onwards

NB: Category is established by date of birth

### STARTING TIMETABLE:

H. 14,00 OC6 Men

H. 14,00 OC4 Men and Women

H. 14,40 K4 Men master all categories, award ceremony divided into cat.

H. 14,45 K2 Men master all categories, award ceremony divided into cat.

H. 14,50 K2 Women master all categories, award ceremony divided into cat.

H. 14,55 K1 Men master category A B C, award ceremony divided into cat.

H. 15,00 K1 Men master category DEFGH, award ceremony divided into cat.

H. 15,05 C2 Men master all categories, award ceremony divided into cat.

H. 15,10 K1 Women master all categories, award ceremony divided into cat.

H. 15,15 C1 Men master all categories, award ceremony divided into cat.

H. 15,20 C1 Women master all categories, award ceremony divided into cat.

H. 15,25 Dragon Boat

H. 15,30 OC1 Men

### N B

At the end of the accreditation Teams will receive the final race timetable.

In order to be properly registered in agreement with what reported in this bulletin, paddlers must be regularly licensed with their respective National Federations.

For any further question not mentioned in this bulletin, please refer to the Canoe Sprint

International Technical Regulations

During the event anti-doping controls may take place.

**Italian Canoe Kayak Federation**  
**Federazione Italiana Canoa Kayak**